

SEPTEMBER 2024



QUOTE OF THE MONTH

"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."

— Ralph Waldo Emerson

EMPLOYEE SPOTLIGHTS



From Shannon Twiford in Macon County; I would like to nominate Kariann Willis. She is a QA for Macon and Putnam Counties. I am nominating her because she is always willing to help in any way she can. She has really embraced the new billing changes with a positive attitude. It is refreshing to see someone excited about some changes that are taking place. So we want to give her a big shout out and tell her thank you and she is greatly appreciated.



From Sasha Davis, RS/TS in Putnam County; I would like to nominate Jamie Kirkman, Home Manager at Linda in Putnam County. Jamie is a dedicated employee. She is always ready to help out when needed. Jamie is dedicated to the persons supported and exhibits a person centered mindset. Jamie is well liked by many persons supported and many are excited when she fills in at their house. In a short but true statement, Jamie is the essence of what a staff at Pacesetters should be.



From Lynn Adcock, RS/TS in White County. I would like to nominate Legina Humphrey, Home Manager at High house in White County. We call her Gina. Gina is always available when you need her. She always answers the call. She knows all of the Persons Supported in White County. Gina arrives on time and often stays over if needed. She is friendly and respectful. She never meets a stranger. When I came to White County, it was like I had known Gina for years. She made me feel welcome. Our jobs would be harder if Gina wasn't a part of our Great Team in White County. Gina goes above and beyond to see that everything is running smoothly in the house she manages and for other homes she helps fill in the gaps. Thank you Gina for EVERYTHING YOU DO FOR THE PEOPLE WE SUPPORT AND FOR SUPPORTING MANAGEMENT.

THANK YOU ALL!

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IMPORTANT



SAFETY TOPICS

A lot of people drowned simply because they didn't know:

If you find yourself underwater in a car, don't panic.

- 1. Don't waste your energy trying to push the
- 2. Do not open the window, the force of the water entering the car will not allow you to get out
- 3. Take out the head restraint
- 4. Use the steel sharp tip and break the back window that has kick out glass on it

The car by engineering and design is intended to float in the water and the rear window will always be facing the exit.

This could save your life!

Congratulations



Congratulations to DSP, Joshua Bowden in Putnam County who has earned his DSP-I Certificate through the NADSP E-Badge Program during the month of August.

THINGS TO DO

Saturday, September 7

- Fall Fun Fest
- GOOD FIGHT: TN Fall Open at Cane Creek 8am -5pm

Monday, September 9

• Farmer's Market in Gainesboro at 10am - 2pm

Friday, September 13

 The 13th Tat Fest at Anthem Tattoo at 11am - 6pm

Saturday, September 14

- Cars & Coffee Presented by Ford of Cookeville
 7:30am 10am
- 4th Annual Great Pumpkin Festival 10am 4pm @ Putnam Fairgrounds

Sunday, September 15

 2024 Upper Cumberland Hispanic Heritage Festival in Dogwood Park 11am - 5pm

Friday, September 20

- UCHRA Agency-Wide Yard Sale at 8am 2pm and continuing on September 21
- Fall Market 2024 at Northfield at 2pm 4pm

Saturday, September 21

- Dogapalooza at Cane Creek at 10am 4pm
- Dog and Cat Adoption Event at Petco Store in Cookeville at 1pm - 4pm

Friday, September 27

 World Turning Band; The "Live Fleetwood Mac Experience" at CPAC Concert Series at 7pm - 10pm

Saturday, September 28

- Octoberfest 11am- 2pm at Heavenly Host Lutheran Church
- Forever Abbey Road a Beatles Experience LIVE at CPAC 7pm- 10pm

Saturday, September 28

Pacesetters Golf Tournament will take place at the White Plains Golf Course with a shotgun start at 8am. Join the fun! Teams can be registered up to the golf tournament until the maximum is met. Sponsors will be welcomed up to Sept. 21. Visit our website for details!

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WELCOME NEW HIRES!

Jessica Abrehamsen Ashlynn Madewell Cheyanne Melly Matthew Wallace James Bowman Jodi MacDonald Joshua Morris

SERVICE ANNIVERSARIES



<u>Name</u>	Y <u>ears</u>	<u>Name</u>	<u>Years</u>
Kim Goforth	27	Cyndie Whittaker	6
Brenda Moore	26	Shelia Breedlove	4
Dora Cash	23	Macie Krantz	3
Carlos Mahaney	22	Selina Harper	1
Jennie Pelham	18	Hillary Alvarez	1
Deborah Mahan	9		



HAPPY BIRTHDAY

Supported

9/1 - Phillip Melton

9/5 - Lee Blankenship

9/7 - Laura Brooks

9/8 - Patricia Brawner

9/11 - Tony Sparkman

9/21 - Eddie Roberts

9/28 - Kathy Vaughn

9/29 - Wanda Smith



Staff

9/1	- Sheila Winningham	9/7 - Lauren Myers
9/2	- Kathy Frasier	9/7 - Denise Herron
9/2	- Matt Hylton	9/8 - Rita Elkins
9/3	- Danielle Gregory	9/11 - Laura Cercone
9/4	- Victoria Hays	9/13 - Diane Lee
9/4	- Faye Stafford	9/13 - Dillon Myers
9/5	- James Thomas	9/25 - Jim Beaty
9/6	- Hillary Jenkins	9/25 - Krisshina Huddleston
9/7	- Heather Myers	9/27 - Larry Rector
9/7	- Selina Harper	9/27 - Vikki Reynolds
9/7	- Stacey Selby	9/28 - Jason Martin

Oops! Don't see your name or see your name and don't want it seen? (2)
Change this by contacting HR/Isabel Koceja at isabel.koceja@pacesetterstn.com!



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- Referral Bonus is \$250



Pacesetters

DSP APPRECIATION SPIRIT WEEK!

September 9th - 13th

September 9th - Hawaiian Day

(wear Hawaiian attire)

September 10th - Sports Day

(wear your favorite sports jersey)

September 11th - Patriot Day

(wear your red, white and blue)

September 12th - Tie Dye/Hippie day

(Wear your groovy tie-dyes)

September 13th - Rock n' Roll Day

(Wear your favorite rock wear or band shirt)





THAK

Let's Talk About: CQL—The Council on Quality and Leadership
Personal Outcome Measures—Factor Expectations (What We Look For)

Time for Factor 4: My Choices!

Over the next couple of months, we will break down each indictor for this factor including:

17) People choose where and with whom they live,18) People choose where they work19) People choose services.



My Choice: Overview

Choice is the ability to make decisions that affect one's life and community. Central to Choice are self-determination, participation, and autonomy. Organizations must accommodate peoples' preferences so they can get what they want and need.



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