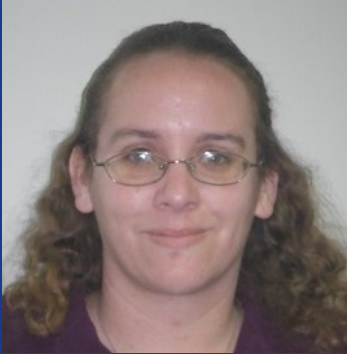




QUOTE OF THE MONTH

“Stop for a moment to appreciate the beauty of nature. Take time to simply breathe. And most of all, remember that there are no mistakes in life...”
~ Bob Ross

EMPLOYEE SPOTLIGHTS



MACON COUNTY

Shannon Twiford, County Director for Macon County nominated Jamie Martin for the employee spotlight. She is house manager for Cardinal. She has went above and beyond the call of duty. She works hard and is dedicated to her role. She brings love and support to the people that she supports. Thank you, Jamie!



PUTNAM COUNTY

Amy Alfrey, HM in Putnam County nominated Mary Gervais, HM in Putnam County for the October employee spotlight. Amy said Mary is a very strong house manager and she also had the pleasure of being Mary’s RSTS for a short period. Amy was able to count on Mary and she always has a smile on her face and kind words to say. The support Mary gives to the people we support comes from her heart and she is not only a strong HM but a hard worker. Thank You, Mary.



WHITE COUNTY

Bessie Presley, County Director for White County nominated Sherry Brown DSP, for the October employee spotlight. Sherry is always willing to help when she is needed. She is always positive and that makes everyone feel good. She goes above and beyond. Thank you Sherry for everything you do.

THANK YOU ALL!

PACESETTERS DRIVERS

Hydroplaning is a very real possibility and something that drivers should try to avoid at all costs. Hydroplaning removes ability to steer the car, it also causes feelings of helplessness, a terrifying experience for even the most experienced driver.

- Slow down
- Don't use cruise control during rainy conditions
- Be aware and avoid puddles & standing water



Hydroplaning happens when the tires of your vehicle begin to ride on top of standing water instead of the surface of the road



Pacesetter
To empower & support
Macon County

YARD SALE

SEPTEMBER 30TH - OCTOBER 5TH
8 AM TO 4 PM

MACON COUNTY OFFICE
664 INDUSTRIAL DRIVE

Congratulations



Krisshina Huddleston, HM in Putnam County earned her DSP-I, DSP-II, & DSP-III Certificates from the NADSP E-Badge Program in September.

Congratulations!!!

THINGS TO DO

Shakespeare in the Park

Dates: October 4,5,6,7,8,9,10,11 and 12
Time: until 7pm
Location: Dogwood Park
Admission: Free

Brown Bag Lunch Concerts

Dates: October 4, 11, & 18th
Time: 11:30 am- 1:00pm
Location: Cookeville Depot Museum
Admission: Free
Note: Lunch can be purchased onsite from Blue Coast Burrito for \$10 Drinks are \$1.00

Classic Cinema at the Depot

Dates: October 4,11,18, and the 25th
Time: until 7pm
Admission: Free
Location: Cookeville Depot
Note: Remember to bring a chair and a blanket!

Cookeville Treat Trail

Take your family on a stroll down the 2023 Cookeville Treat Trail presented by Hip Cookeville and Cookeville Leisure Services Department!

Join us October 31st, from 4:00 - 6:00pm in Dogwood Park, in Cookeville, TN for a winding trail filled with Halloween treats.

Costumed trailblazers ages 12 and under are welcome to trick-or-treat booths along the Park Path, and enjoy games and other fun activities including a themed photo opportunity!

Trick-or-treaters must be in line by 5:30PM if they want to join the Treat Trail.





WELCOME NEW HIRES!

Victoria Depuy	Rhonda Gilbert	Brenda Key	Xander Tussey
Kellie Elrod	Amanda Hood	Regina Shively	Easton West

CONGRATULATIONS

SERVICE ANNIVERSARIES

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>
Michele Taylor	19	Henry Carter	10	Kim Copeland	3	Brooke Slaven	1
Frances Poindexter	18	Shanna Jones	7	Lonnie Whitehead	2	Ryan Swan	1
Kindle Moore	17	Tammy Gibbs	6	Larry Rector	2	Jason Martin	1
Karla Kirby	16	Lydia Antonetti	5	Britney Maxwell	1	Devonte Burgess	1
Glynn Bumbalough	13	Barbara Carr	4	Anna Evans	1	Aspen Williams	1
Daniel Strong	10	Amy Alfrey	4	Aaliyah Thompson	1	Cheri Loftis	1



Supported

Johnny Watts	5th
David Greene	6th
Michael Jones	6th
Sherry Lloyd	6th
Amy Guy White	9th
Dianne Chaffin	21st
Dayna Norwood	30th
Karen Simpson	30th

Staff

Katie Shirley	1st	Macie Krantz	9th
Raymon Rivera	2nd	Beverly Phillips	9th
Kim Copeland	5th	Cheri Loftis	10th
Danielle Rufener	7th	Nicholas Qualls	10th
Victoria Depuy	7th	Carol Gaw	12th
Eddie Lasko	7th	Ashley Key	21st
Kindle Moore	8th	Tammy Hooks	27th

Oops! Don't see your name or see your name and don't want it seen? 😞
 Change this by contacting HR/Isabel Koceja at isabel.koceja@pacesetterstn.com!



Direct Support Professional

Visit our website for more information

- Sign On Bonus is \$500
- Referral Bonus is \$250



Out and About with Pacesetters



Mathew & Isabella, Putnam County
Staff Appreciation Day Picnic



Scott & Zach, Putnam County
Titans vs Green Bay Packers game

DPS Appreciation Week



Jackie, Chelsea & Tina, Putnam Co.
Hippie/Tie Dye Day,



Amanda, Amy, Rebecca, Lee, Mike, Adam, Mark, Colin, Rosie, Alice, & Tina, Travis, Chrissy, Carla, Jamie, Ashley, Shannon, Tristan, & Presley
Hippie/Tie-Dye Day - Macon County



Gail, Bessie, Sherry, Matt, Lesa, Frank, Bill, Larry, & Karla
Sports Day - White County



Putnam County
RS/TS's Rock-n-Roll Day

Let's Talk About: CQL—The Council on Quality and Leadership Personal Outcome Measures—Factor Expectations (What We Look For)

Factor 5: My Goals!

Indicator 20: PEOPLE CHOOSE PERSONAL GOALS

Our goals reflect what we want for the future. Each of us has a unique way of expressing our dreams, directions, hopes, and desires. Goals can be formal statements about what we want to do or accomplish in the years ahead. They can be informal expectations, wishes, and hopes about the future. When we have a variety of experiences and opportunities to try different things, our options and choices increase and our goals and hopes for the future are enriched.

The following examples show how we might describe our goals:

- “I want to live in my own apartment.”
- “I hope to have my own house.”
- “I’d like to live on a farm.”
- “I want to move near my sister.”
- “I want to work as a ...”
- “I want to stay out of the hospital.”
- “I would like to take a trip to ...”
- “I want to have a boyfriend.”
- “I want to get married.”
- “I want to finish school.”
- “I’d like to drive a car.”
- “I want to be a...”
- “I want to play basketball.”
- “I’d like to play the guitar.”

Learning about personal goals requires that we talk to the person and, when appropriate, to others who know the person well. We listen and acknowledge what people tell us. Finally, we do not prejudge what people say they want as “unrealistic” or “unachievable”. Rather, we respect that what we learn is important to each person and why. Understanding a person’s goals may require more than just asking. Taking statements at face value may misrepresent the real meaning and hope the person has for his or her life.

People’s experiences, social connections, creativity, and often their spiritual beliefs not only influence goal choice, but also the priority and importance placed on those goals. Organizations explore the complex interplay between all these factors to understand why a person is choosing to pursue a particular life path.

People’s goals serve as the basis for interacting with them and providing supports. Using many tools and techniques, organizations learn and discover people’s goals. The learning process occurs in all aspects of a person’s life — not just where the person lives, works, or spends time. We often learn about a person through assessments. Assessment is an ongoing process; learning is continuous. These are not one-time events — something that happens at a meeting, by filling out a form, or by answering a questionnaire.

Person-centered plans flow from what we learn about the person’s goals and desires for the future. Plans can be written, displayed in charts and diagrams, or drawn with pictures. The format of the plan is not as important as how it relates to a person’s goals. Planning guides the way supports are provided and ensures that they match the person’s unique priorities.